



You have what it takes

**to grow in Christ and help others do the same.**

# Bible Study 101

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Studying the Bible is a powerful habit that leads us into a deeper relationship with God.

“Your word is a lamp for my feet, a light on my path” Psalm 119:105 (NIV).

Whether you’re new to Bible study or have read through the Bible multiple times, ***Bible Study 101*** will help answer some of your common questions.

Here are a few topics we’ll address:

- What’s a good place in the Bible to begin reading?
- How do you create a Bible study habit?
- How Bible study can transform your life

We pray this eBook will expand your love for God’s Word, grow your Bible study habit, and inspire you to share what you’re learning with others.

The Navigators





## Bible Study: Where Do You Begin?

There are so many Bible study resources and instead of getting stuck on where to start, we want to offer you a simple next step.

If you were to take one small step today, we would encourage you to start with a short Scripture passage, like John 3:16-17.

“For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. For God did not send his Son into the world to condemn the world, but to save the world through him” John 3:16-17 (NIV).

Then take this passage through an easy to follow resource the [Four Rs of Bible Study](#):

1. Read,
2. Reflect,
3. Respond,
4. Rest in God’s Word.

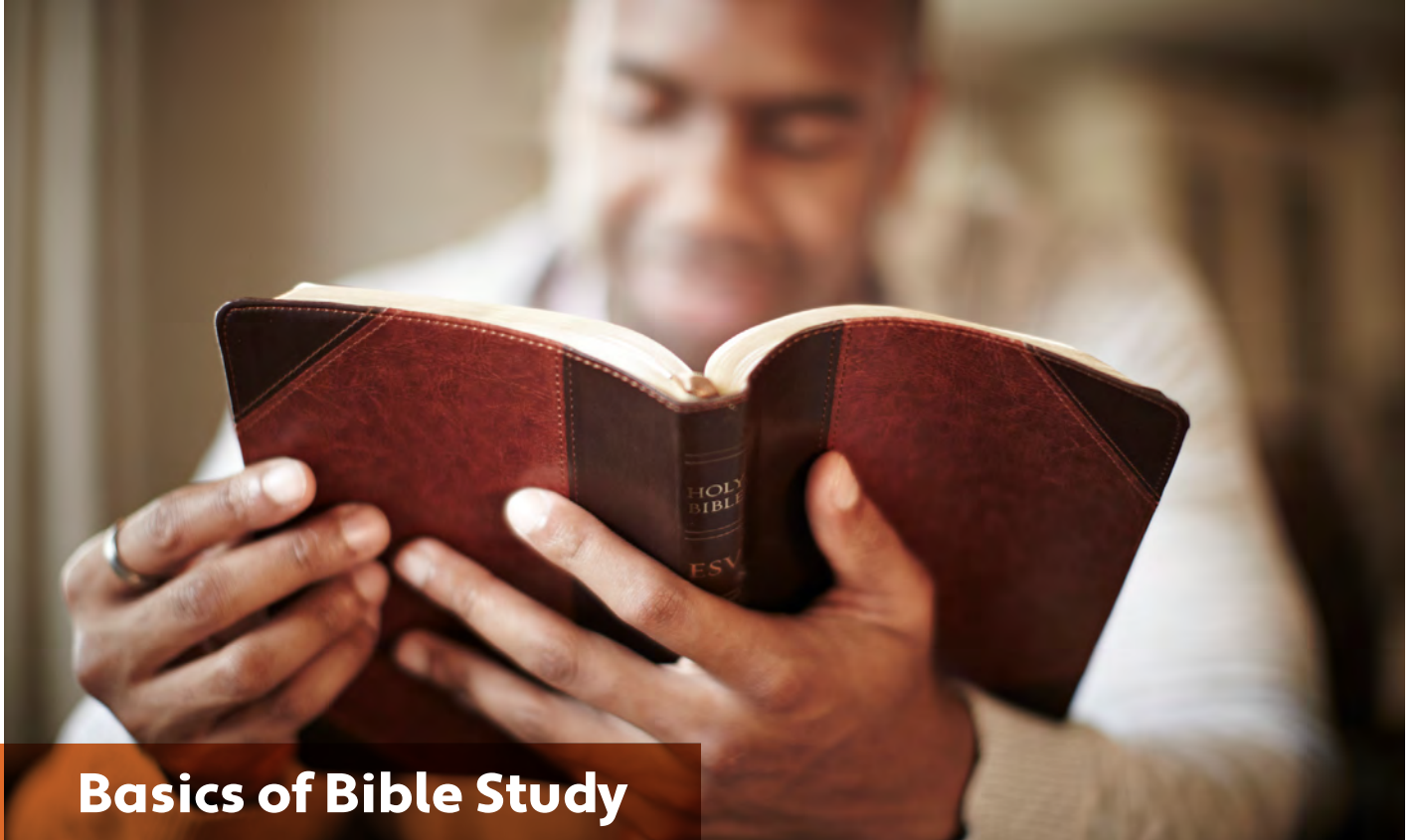
If you like using the *Four Rs of Bible Study*, then try using it while reading through small sections of Scripture from one of the Gospels (Matthew, Mark, Luke, or John).

“The law of the LORD is perfect, refreshing the soul. The statutes of the LORD are trustworthy, making wise the simple ” Psalm 19:7 (NIV).

### Navigators Top Picks for Beginning Bible Study Tools:

[Bible Reading Plans](#) - [navlink.org/bible-reading-plans](http://navlink.org/bible-reading-plans)

[Four Rs of Bible Study](#) - [navlink.org/readlisten](http://navlink.org/readlisten)



## Basics of Bible Study

There are a variety of ways to study the Bible. An easy first step for understanding the different ways you can learn from the Bible is through [The Word Hand](#).

“Consequently, faith comes from hearing the message, and the message is heard through the word about Christ” Romans 10:17 (NIV).

Use the Scriptures, like Romans 10:17 (included in *The Word Hand* resource) to try out these five methods of learning from the Bible: Hearing, reading, studying, memorizing, and meditation.

“The precepts of the LORD are right, giving joy to the heart. The commands of the LORD are radiant, giving light to the eyes” Psalm 19:8 (NIV).

### Navigators Top Picks for Basic Bible Study Tools:

[Using the Bible Study Observation Tool](http://navlink.org/observation) - [navlink.org/observation](http://navlink.org/observation)

[The Word Hand](http://navlink.org/word-hand) - [navlink.org/word-hand](http://navlink.org/word-hand)





## Create a Bible Study Habit

A great first step for cultivating time with God and a Bible study habit is to make a routine appointment in your calendar, just like you would for spending time with a friend.

“I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing” John 15:5 (NIV).

When you follow a daily rhythm of how to spend this time, you may be more likely to follow through with this habit. Try out the [How to Have a Daily Quiet Time](#) resource for ideas on how to spend time with Jesus. Start with a small amount of time and increase it as your habit continues.

“The fear of the LORD is pure, enduring forever. The decrees of the LORD are firm, and all of them are righteous” Psalm 19:9 (NIV).

### Navigators Top Picks for Creating a Bible Study Habit:

[Four Fresh Ideas for Abiding in Christ](#) - [navlink.org/freshabiding](http://navlink.org/freshabiding)

[How to Have a Daily Quiet Time](#) - [navlink.org/quiet-time](http://navlink.org/quiet-time)



## Develop a Scripture Memory Habit

As you memorize Scripture, you will be surprised at how the Holy Spirit uses those Scriptures in times when you need them most.

“I have hidden your word in my heart that I might not sin against you” Psalm 119:11 (NIV).

Take the next small step by using this [How to Memorize Scripture](#) resource and begin your scripture memory journey today.

“[The decrees of the LORD] are more precious than gold, than much pure gold;  
they are sweeter than honey, than honey from the honeycomb”  
Psalm 19:10 (NIV).

### Navigators Top Picks for Memorizing Scripture:

[How to Memorize Scripture](#) - [navlink.org/memorize](http://navlink.org/memorize)

[Topical Memory System for Kids](#) - [navlink.org/tms-kids](http://navlink.org/tms-kids)



## How God's Word Can Change Your Life

Bible study is a powerful, transformational tool that renews your mind. This isn't like reading other books because the Word of God is "alive and active."

"For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart" Hebrews 4:12 (NIV).

If you've wondered how studying the Bible can practically apply to your life, then start with [How to Personally Apply Scripture](#). This will take you step-by-step through how to apply what you read in Scripture. You will see the relevance for your life today.

"By [the decrees of the LORD] your servant is warned; in keeping them there is great reward" Psalm 19:11 (NIV).

### Navigators Top Picks for How God's Word Can Change Your Life:

[Prepare Your Mind: The Battle for Shalom \(Peace\)](#) - [navlink.org/shalom](http://navlink.org/shalom)

[How to Personally Apply Scripture](#) - [navlink.org/apply-scripture](http://navlink.org/apply-scripture)





## Start Studying the Bible Today

Maybe you're ready to jump in and start studying the Bible. You may even have a book of the Bible or a topic in mind. We encourage your hunger for God and His Word.

"Blessed are those who hunger and thirst for righteousness, for they will be filled"  
Matthew 5:6 (NIV).

If you are ready, but need that next step, then consider our free study on [The Names of Jesus](#). This will take you through different names of Jesus, the corresponding Scriptures, and gives you reflection questions for digging deeper.

"May these words of my mouth and this meditation of my heart be pleasing in your sight, LORD, my Rock and my Redeemer" Psalm 19:14 (NIV).

### More Bible studies you can use today:

[A Life Changing Encounter with The Gospel of John](http://navlink.org/john) - [navlink.org/john](http://navlink.org/john)

[Design for Discipleship Series \(DFD\)](http://navlink.org/DFD) - [navlink.org/DFD](http://navlink.org/DFD)

[Psalms to Counteract Fear & Stress](http://navlink.org/psalms) - [navlink.org/psalms](http://navlink.org/psalms)

[The Names of Jesus](http://navlink.org/names-of-Jesus) - [navlink.org/names-of-Jesus](http://navlink.org/names-of-Jesus)

## Conclusion

Our prayer is that this *Bible Study 101* eBook will help you to grow in Christ and help others do the same. By drawing closer to God through his Word that he gave to each one of us as a guide of truth and hope.

Are you excited about what you're learning and how you're growing through Bible study? Share this eBook with a friend and invite them to study the Bible *with* you.

Remember, you have what it takes to grow in Christ and help others do the same.

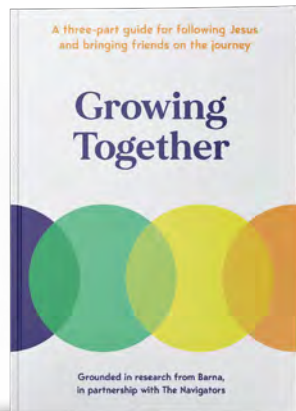
“Blessed are those whose ways are blameless, who walk according to the law of the LORD. Blessed are those who keep his statutes and seek him with all their heart—” Psalm 119:1-2 (NIV).

Want more practical tips and insights to inspire your discipleship? Continue to the next page for additional discipleship resources, including getting your copy of *Growing Together: A Three-Part Guide for Following Jesus and Bringing Friends on the Journey*.





# Continue growing in your faith with these discipleship resources:



## Growing Together: A Three-Part Guide for Following Jesus and Bringing Friends on the Journey

As you grow in your love for God's Word through study and Scripture memory, invite a friend to join you.

*Growing Together: A Three-Part Guide for Following Jesus and Bringing Friends on the Journey* is a book grounded in research from Barna and The Navigators and includes:

- Practical advice on how to invest in others through our day-to-day lives
- Personal testimonies about what God has done through discipling
- Questions for self-reflection and discussion with friends

Purchase your guidebook at a special 20% OFF discount using code **NAVS20**.

[navlink.org/growing-together](http://navlink.org/growing-together)



## Digital Discipleship Journeys®

### How do I grow in my relationship with Jesus?

You're not alone in desiring a deeper relationship with Christ and not knowing how to take the next step. We want to come alongside you and offer a customized **FREE Digital Discipleship Journey**. This curated email series is designed to help you grow spiritually, based on your answers to some brief questions about your walk with God.

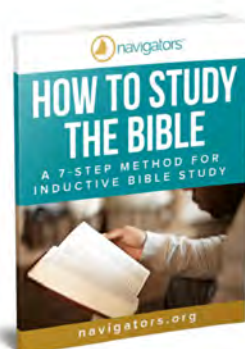
[navlink.org/disciplemaking](http://navlink.org/disciplemaking)



## The Navigators Disciplemaking Network

**Looking to connect with other disciplers online?** Join our private Facebook Group, *The Navigators Disciplemaking Network*, to find community with others.

[navlink.org/disciplemaking-network](http://navlink.org/disciplemaking-network)



## How to Study the Bible FREE eBook

While there isn't only one right way to read and study Scripture, The Navigators have put together a resource outlining a study method that has helped thousands draw closer to the Lord through a deeper understanding of God's Word. We'd like to invite you to download this proven system of study by giving you a **FREE digital copy of *How to Study the Bible: A 7-Step Method for Inductive Bible Study***.

[navlink.org/how-to-study-the-Bible](http://navlink.org/how-to-study-the-Bible)