

A Transformed Mind

Ephesians 4:17-24

1. Resisting Old Self vs. 17-19

Through Jesus' death and resurrection, anyone who is now in Christ is called to resist their former ways of dwelling on worthless thoughts contrary to Jesus Christ, displaying a lack of concern towards sin, and allowing their lusts to be their God.

Questions:

- a) What "old self" habits do you struggle with since you became a believer?
- b) What is one thing you need to cut out from your life? Is there a habit you have had for a long time that you need to change?
- c) What practical ways can you resist those "old self" habits?

2. Reclaiming New Self vs. 20-24

According to the truth that we have received in Jesus Christ, we are called to live out our new self; our renewed minds that allow us to participate in living like Jesus, and being united with God's people.

Questions:

- d) How is it possible for the Christian to comply with the apostle Paul's exhortation given in verses 22-24? Read Romans 6:2b-4
- e) What is one new attitude, discipline or character quality which you need to put on? How will you get the strength to do this?

Conclusion:

In order for the church to live out the calling from God, we must resist our former thoughts and actions that are contrary to Jesus Christ, but exercise each day the renewing of our minds through the truth found in Jesus Christ; allowing us to participate in living like Jesus, and being united with God's people.