

## **God's Faithful Care for His Weary People**

### **1) Wearied by Sin (Psalm 51:1-9; 1<sup>st</sup> John 1:9)**

For the bone crushing weariness of guilt over our sin, our God makes available the restorative joy of his faithful cleansing and forgiveness when we confess our sins.

### **2) Wearied by Overreaching (Psalm 131; Isaiah 40:28-31; Matt. 11:25; Phil. 4:13)**

For weariness caused by doing what God has not required, there is God's faithful rejuvenation and strengthening found in restricting ourselves to the good works he has prepared for us.

### **3) Wearied by Circumstances (2 Cor. 5:5-7; 2 Cor. 12:8-9)**

For the weariness caused by life's seasons of overwhelming and weakening circumstances, our faithful God makes his comfort and grace available so we can endure and complete our God-given tasks.

**For every form of human weariness God's people encounter in this broken world, we have available to us a specific expression of our faithful God's care to lift that weariness.**

## **Going Deeper**

- 1) Consider the possibility that your present weariness is due to unconfessed sin.
  - a) Re-read Psalm 51 and ask the Spirit to reveal any unconfessed sin you may have stumbled into.
  - b) After reading the Psalm, write out your prayer of confession and repentance for any sins revealed, asking for God's forgiveness, and cleansing and the replacement of your weariness with your returned joy of salvation.

- 2) What kinds of situations do people often overreach in that leads to subsequent weariness?
- a) Consider the possibility that you are overextending yourself as a result of your own volition or by trying to fulfill others' expectations of you. Prayerfully read over Psalm 131 and consider whether it is time to crawl up into God's lap and let go of some things that he has not asked you to do.
  - b) If the Spirit has revealed something to you that you are to let go of, prayerfully determine how you are to graciously extricate yourself from these particular obligations.
- 3) What are some wearying circumstances believers may find themselves in (that God will not remove them from in working out his good purposes) that are endurable by receiving God's comfort and gracious strengthening?

Do any of these presently apply to you? If so, you know what to do!