

The Human Mind
The Discipline of Renewing It Daily
Session 5

Illustration: The Escalade

Read: Philippians 3:7-14; Romans 8:26-30

Question:

What is Paul's mind focused on as he lives out his life?

1. Purpose: What is it?

Human beings are motivated by purpose. If there is a clear, burning purpose for our lives, it energizes us into action. It answers the 'Why' question of life. If we do not have a purpose, or no hope of ever attaining our purpose, we become disheartened – and human beings without heart do not live well . . . or long.

Purpose answers questions like:

- Why am I here? Why do I exist?
- Why should I get up in the morning?
- Why do I do the work I do?
- What are my unique gifts? What is my role in creating the future?
- What is the legacy I want to leave behind?

Christian Ultimate purpose – to glorify God and enjoy Him. (Westminster Catechism)

Bring my sons from afar and my daughters from the ends of the earth—everyone who is called by my name, whom I created for my glory, whom I formed and made. (Isaiah 43:6-7)

All the nations you have made will come and worship before you, O lord; they will bring glory to your name. (Psalm 86:9)

I will praise you, O Lord my God, with all my heart; I will glorify your name forever. (Psalm 86:12)

But beyond this ultimate purpose is the unique personal way we do so. The outcome of living out our personal purpose is that God is glorified.

Your Personal Purpose is lived out in four main areas of your unique life.

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|---|---|
| <ul style="list-style-type: none">○ In your personal life○ In your personal family | <ul style="list-style-type: none">○ In the family of Jesus you are part of○ In your vocation and connection to the world |
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These four areas of life should line up with your ultimate purpose. Think hard enough to get your purpose clarified into a succinct but comprehensive statement that truly represents who you want to be in these four areas of life.

My Personal Life

My Family Life

My Life in Jesus Family

My vocation and connection to the world

Summarize these four into a life purpose sentence, reflecting the ultimate goal of your life, which when lived will glorify God. Work the details above into a more polished sentence and record here.

My purpose is to glorify God and enjoy him by . . .